

17.05.2026  
2026年5月17日

**LORD'S DAY MEETING**  
主日聚会

**Give thanks with a grateful heart.  
Give thanks to the Holy One.  
Give thanks because He's given  
Jesus Christ, His Son.**

**Sing twice**

献上感恩的心，  
归给至圣全能神；  
因祂赐下独生子  
主耶稣基督。

唱两遍

## **YOUTH HYMNAL 少年诗歌 144**

**And now let the weak say, "I am strong",** 如今软弱者已得刚强,  
**Let the poor say, "I am rich",** 贫穷者已得富足,  
**Because of what the Lord has done for us.** 都因为主已成就了大事。  
**And now let the weak say, "I am strong",** 如今软弱者已得刚强,  
**Let the poor say, "I am rich",** 贫穷者已得富足,  
**Because of what the Lord has done for us.** 都因为主已成就了大事。  
**Give thanks.** 感恩。

## **YOUTH HYMNAL 少年诗歌 144**

**When I survey the wondrous cross  
On which the Prince of glory died,  
My richest gain I count but loss,  
And pour contempt on all my pride.**

我每静念那十字架，  
并主如何在上受熬，  
我就不禁浑忘身家，  
鄙视从前所有倨傲。

**HYMN 诗歌 77 (1/5)**

**Forbid it, Lord, that I should boast,  
Save in the cross of Christ my God;  
All the vain things that charm me most,  
I sacrifice them to His blood.**

愿主禁我别有所夸，  
除了基督的十字架；  
前所珍爱虚空荣华，  
今为祂血情愿丢下。

**HYMN 诗歌 77 (2/5)**

**See from His head, His hands, His feet,  
Sorrow and love flow mingled down;  
Did e'er such love and sorrow meet,  
Or thorns compose so rich a crown?**

看从祂头！ 祂脚！ 祂手！  
忧情、慈爱和血而流！  
哪有爱忧如此相遘？  
荆棘编成如此冕旒？

**HYMN 诗歌 77 (3/5)**

**His dying crimson like a robe,  
Spreads o'er His body on the tree;  
Then am I dead to all the globe,  
And all the globe is dead to me.**

看祂全身满被水血，  
如同穿上朱红衣饰！  
因此，我与世界断绝，  
世界向我也像已死。

**HYMN 诗歌 77 (4/5)**

**Were the whole realm of nature mine,  
That were an offering far too small:  
Love so amazing, so divine,  
Demands my heart, my life, my all!**

假若宇宙都归我手，  
尽献我主仍觉可羞；  
爱既如此奇妙、深厚，  
当得我心、我命—所有。

**HYMN 诗歌 77 (5/5)**

**According to Thy gracious word,  
In meek humility,  
This will I do, my dying Lord,  
I will remember Thee.**

我们照祢恩惠话语，  
带着谦卑心意，  
受死的主，我们聚集，  
现今来纪念祢。

## **HYMN 诗歌 255 (1/6)**

**Thy body, broken for my sake,  
My bread from heaven shall be;  
Thy testamental cup I take,  
And thus remember Thee.**

祢的身体为我裂开，  
要成我的供给；  
我今举起立约杯来，  
为的是纪念祢。

## **HYMN 诗歌 255 (2/6)**

**Gethsemane can I forget?  
Or there Thy conflict see,  
Thine agony and bloody sweat,  
And not remember Thee?**

能否我忘客西马尼，  
或看祢的孤寂、  
祢的血汗和祢哭泣，  
而不来纪念祢？

**HYMN 诗歌 255 (3/6)**

**When to the cross I turn mine eyes  
And rest on Calvary,  
O Lamb of God, my sacrifice,  
I must remember Thee –**

当我转眼看十字架，  
看祢在髑髅地，  
神的羔羊，我的救法，  
我必须纪念祢。

**HYMN 诗歌 255 (4/6)**

**Remember Thee and all Thy pains  
And all Thy love to me;  
Yea, while a breath, a pulse remains,  
I will remember Thee.**

纪念祢和祢的苦痛，  
并祢对我爱意，  
一息尚存、一脉尚动，  
我必定纪念祢。

**HYMN 诗歌 255 (5/6)**

**And when these failing lips grow dumb  
And mind and memory flee,  
When Thou shalt in Thy kingdom come,  
Jesus, remember me.**

当我渐衰，嘴唇无音，  
思想、记忆软弱，  
当祢在祢国度降临，  
主，求祢纪念我。

**HYMN 诗歌 255 (6/6)**

**23 For I received from the Lord that which I also delivered to you: that the Lord Jesus on the *same* night in which He was betrayed took bread; 24 and when He had given thanks, He broke *it* and said, “Take, eat; this is My body which is broken for you; do this in remembrance of Me.”**

23 我当日传给你们的，原是从主领受的，就是主耶稣被卖的那一夜，拿起饼来， 24 祝谢了，就擘开，说：“这是我的身体，为你们舍的，你们应当如此行，为的是纪念我。”

## **1 Corinthians 哥林多前书 11:23-24**

**25 In the same manner *He* also *took* the cup after supper, saying, “This cup is the new covenant in My blood. This do, as often as you drink *it*, in remembrance of Me.”**

**26 For as often as you eat this bread and drink this cup, you proclaim the Lord’s death till He comes.**

25 饭后,也照样拿起杯来,说:“这杯是用我的血所立的新约,你们每逢喝的时候,要如此行,为的是纪念我。” 26 你们每逢吃这饼,喝这杯,是表明主的死,直等到祂来。

## **1 Corinthians 哥林多前书 11:25-26**

**God, our Father, we adore Thee!  
We, Thy children, bless Thy Name!  
Chosen in the Christ before Thee,  
We are "holy without blame."  
We adore Thee! We adore Thee!  
Abba's praises we proclaim!  
We adore Thee! We adore Thee!  
Abba's praises we proclaim!**

阿爸父神，我们拜祢，  
称颂祢名永无止！  
祢选我们，在基督里，  
成为圣洁无瑕疵。  
我们敬拜，因祢大恩，  
赞美阿爸当高声！  
我们敬拜，因祢大恩，  
赞美阿爸当高声！

## **HYMN 诗歌 1 (1/3)**

**Son Eternal, we adore Thee!  
Lamb upon the throne on high!  
Lamb of God, we bow before Thee,  
Thou hast brought Thy people nigh!  
We adore Thee! We adore Thee!  
Son of God, who came to die!  
We adore Thee! We adore Thee!  
Son of God, who came to die!**

永远之子，我们拜祢——  
登上宝座的羔羊！  
神的羔羊，我们屈膝，  
祢领我们近身旁！  
我们敬拜，因祢救赎，  
神子竟来为人死！  
我们敬拜，因祢救赎，  
神子竟来为人死！

## **HYMN 诗歌 1 (2/3)**

**Father, Son and Holy Spirit –  
Three in One! We give Thee praise!  
For the riches we inherit,  
Heart and voice to Thee we raise!  
We adore Thee! We adore Thee!  
Thee we bless, through endless days!  
We adore Thee! We adore Thee!  
Thee we bless, through endless days!**

**父、子、圣灵，三一之神，  
我们今向祢颂赞！  
承受祢的一切丰盛，  
口唱心和发感赞！  
我们敬拜，因祢所是，  
我们颂扬到万代！  
我们敬拜，因祢所是，  
我们颂扬到万代！**

## **HYMN 诗歌 1 (3/3)**

**Heavenly Father, I appreciate You,  
Heavenly Father, I appreciate You,  
I love You, adore You,  
I bow down before You;  
Heavenly Father, I appreciate You.**

亲爱天父，我感谢祢，  
亲爱天父，我感谢祢，  
我爱祢、敬拜祢，  
俯伏在祢面前，  
亲爱天父，我感谢祢。

## **HYMN 诗歌 4**

# Lord's Day Meeting

## 主日聚会

**Date 日期: 24/05/2026**

**Time 时间: 10.00am (早上)**

**Time 时间: 2.30pm (下午)**

# Message 信息

**The Risen Christ (2)**

**复活的基督(二)**

# Announcements 报告

# Invitation to the church in Hong Kong's conference

## 香港教会特会邀请

**Date 日期: 20-22/11/2026 (Fri周五– Sun主日)**

**Registration closes on 报名截止日期: 20/09/2026**

**Accommodation provided for 12 registrants only**  
仅为12位报名者提供住宿

**Serving Saints** who wish to attend, please register with  
the Elders

欲参加的**有服事的圣徒**， 请向长老报名

## Announcements 报告

**<sup>1</sup> Now after the Sabbath, as the first *day* of the week began to dawn, Mary Magdalene and the other Mary came to see the tomb. <sup>2</sup> And behold, there was a great earthquake; for an angel of the Lord descended from heaven, and came and rolled back the stone from the door, and sat on it. <sup>3</sup> His countenance was like lightning, and his clothing as white as snow. <sup>4</sup> And the guards shook for fear of him, and became like dead *men*. <sup>5</sup> But the angel answered and said to the women, “Do not be afraid, for I know that you seek Jesus who was crucified.**

## **Matthew 马太福音 28:1-5**

**<sup>6</sup> He is not here; for He is risen, as He said. Come, see the place where the Lord lay. <sup>7</sup> And go quickly and tell His disciples that He is risen from the dead, and indeed He is going before you into Galilee; there you will see Him. Behold, I have told you.”**

**<sup>8</sup> So they went out quickly from the tomb with fear and great joy, and ran to bring His disciples word. <sup>9</sup> And as they went to tell His disciples, behold, Jesus met them, saying, “Rejoice!” So they came and held Him by the feet and worshiped Him.**

**<sup>10</sup> Then Jesus said to them, “Do not be afraid. Go *and* tell My brethren to go to Galilee, and there they will see Me.”**

## **Matthew 马太福音 28:6-10**

<sup>1</sup>安息日将尽,七日的头一日天快亮的时候,抹大拉的马利亚和那个马利亚来看坟墓。<sup>2</sup>忽然,地大震动,因为有主的使者从天上下来,把石头滚开,坐在上面。<sup>3</sup>他的相貌如同闪电,衣服洁白如雪。<sup>4</sup>看守的人就因他吓得浑身乱战,甚至和死人一样。<sup>5</sup>天使对妇女说:“不要害怕!我知道你们是寻找那钉十字架的耶稣。<sup>6</sup>祂不在这,照祂所说的,已经复活了。你们来看安放主的地方!”

## Matthew 马太福音 28:1-6

<sup>7</sup>快去告诉祂的门徒，说祂从死里复活了，并且在你们以先往加利利去，在那里你们要见祂。看哪，我已经告诉你们了！”

<sup>8</sup>妇女们就急忙离开坟墓，又害怕又大大地欢喜，跑去要报给祂的门徒。<sup>9</sup>忽然，耶稣遇见她们，说：“愿你们平安！”她们就上前抱住祂的脚拜祂。<sup>10</sup>耶稣对她们说：“不要害怕！你们去告诉我的弟兄，叫他们往加利利去，在那里必见我。”。

## Matthew 马太福音 28:7-10

# The Risen Christ (Part 1)

## 复活的基督(第一部分)

Theme 主题

**It is impossible for Jesus to be held down by death!**

**耶穌不可能被死亡拘禁！**

**23 Him, being delivered by the determined purpose and foreknowledge of God, you have taken by lawless hands, have crucified, and put to death; 24 whom God raised up, having loosed the pains of death, because it was not possible that He should be held by it.**

**Acts 使徒行传 2:23-24**

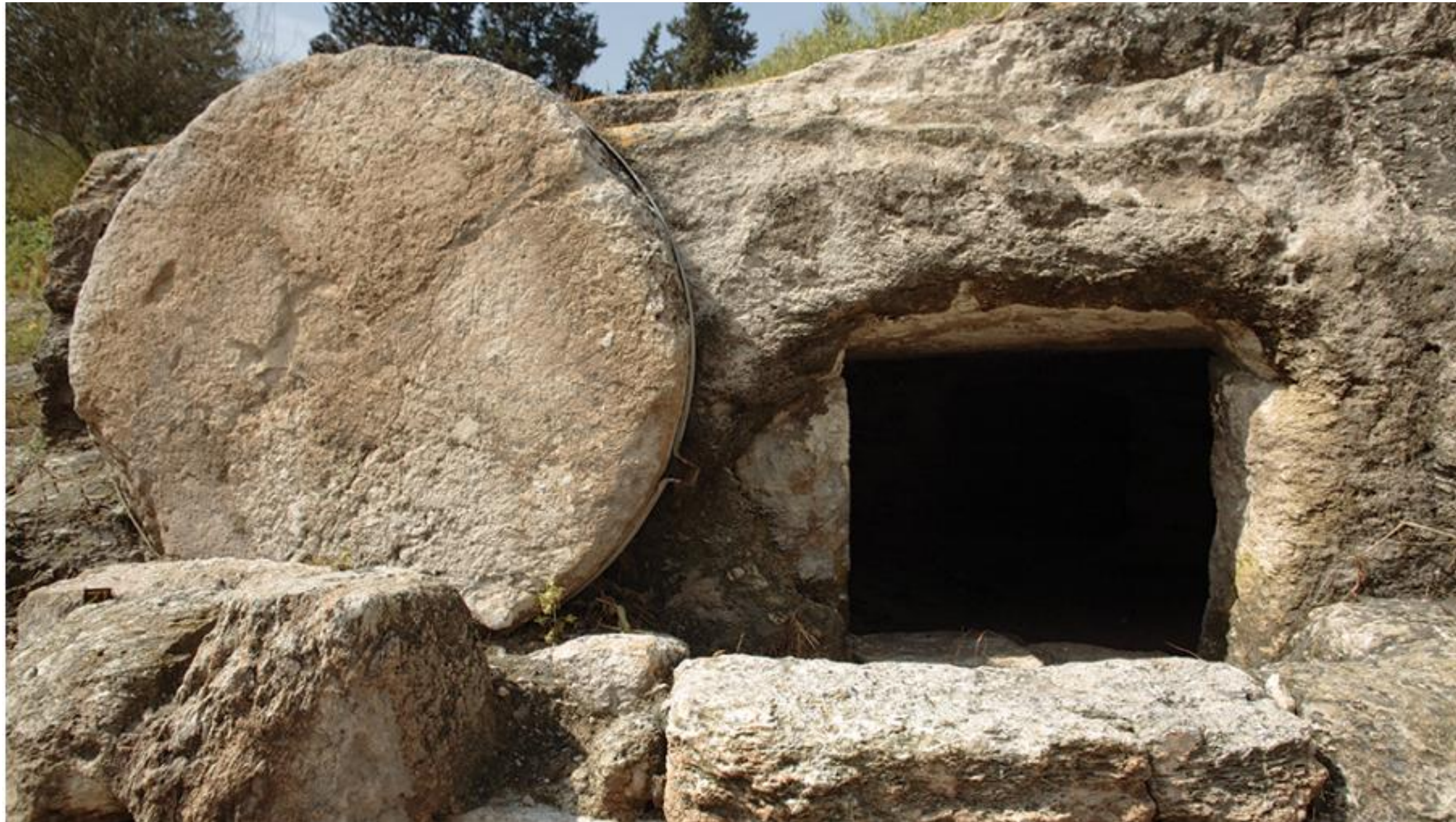
**It is impossible for Jesus to be held down by death!**

**耶稣不可能被死亡拘禁！**

23 祂既按着神的定旨、先见被交于人，你们就借着无法之人的手，把祂钉在十字架上杀了。24 神却将死的痛苦解释了，叫祂复活，**因为祂原不能被死拘禁。**

**Acts 使徒行传 2:23-24**

# The risen Christ 复活的基督



<https://record.adventistchurch.com/2017/04/10/finding-jesus-tomb/>

# Recap of what we heard last week

## 回顾我们上周所听到的

**Jesus was mocked by the governor's soldiers  
in the Praetorium**

耶稣在衙门被巡抚的士兵戏弄  
(Matt 太 27:27-31)

**Jesus bore the cross**

耶稣背负十字架  
(Matt 太 27:32)

# Recap of what we heard last week

## 回顾我们上周所听到的

**Jesus reached Golgotha**

耶稣到达各各他

(Matt 太 27:33)

**Jesus was nailed on the cross – the 3<sup>rd</sup> hour**

耶稣被钉在十字架上——巳初

(Matt 太 27:35; Mark 可 15:25)

# Recap of what we heard last week

## 回顾我们上周所听到的

**Darkness was over the whole land – from the 6<sup>th</sup> hour until the 9<sup>th</sup> hour**

**遍地一片黑暗——从午正到申初  
(Matt 太 27:45; Mark 可 15:33)**

**Jesus died on the cross – the 9<sup>th</sup> hour**

**耶稣死在十字架上——申初  
(Matt 太 27:46-50; Mark 可 15:34-37)**

# Recap of what we heard last week

## 回顾我们上周所听到的

**Jesus was buried in Joseph's (of Arimathea) tomb**

**耶稣被安葬在(亚利马太的)约瑟的坟墓里**

**(Matt 太 27:57-60; John 约 19:38-42)**

**Jesus' burial was closely watched by the women**

**耶稣的安葬受到妇女们的密切注视**

**(Matt 太 27:61, Luke 路 23:55-56)**

# Recap of what we heard last week

## 回顾我们上周所听到的

**The tomb was sealed and guarded as ordered by Pilate**

**按照彼拉多的命令, 坟墓被封严并把守  
(Matt 太 27:62-66)**

## Background 背景

**When (time):** after the Sabbath, the first day of the week, the Lord's Day

**何时(时间):** 安息日之后, 七日的头一日, 主日

**Where (place):** the tomb

**何处(地点):** 坟墓

**Who (people):** Mary Magdalene, Mary, Salome

**何人(人物):** 抹大拉的马利亚、马利亚、撒罗米

**Ref 参阅:** Matt 太 27:55; Mark 可 15:40; Luke 路 24:10

## Background 背景

**Why (reason):** to anoint, apply spices to, the  
**body of Jesus**

**何因(原因):** 为了膏耶稣的身体, 给耶稣的身体  
涂抹香料

**Ref 参阅: Matt 太 27:55; Mark 可 15:40; Luke 路 23:48**

**That morning 那天早上**

**What did the women see/experience? 妇女看到/经历了什么?**

**An earthquake**

地震

**An angel of the Lord descended**

主的使者下来

**The angel rolled back the stone from the door**

使者把石头从门口滚开了

**Matthew 马太福音 28:2-4**

**That morning 那天早上**

**What did the women see/experience? 妇女看到/经历了什么?**

**The angel sat on the stone**

使者坐在石头上面

**The angel's countenance was like lightning  
and his clothing as white as snow**

使者的相貌如同闪电, 衣服洁白如雪

**Matthew 马太福音 28:2-4**

**That morning 那天早上**

**Who else saw the angel? 还有谁看见了那使者?**

**The guards**

看守的人

**The guards were gripped with fear**

看守的人被恐惧笼罩

**Matthew 马太福音 28:2-4**

## The encouragement / instruction 鼓励/指示

**“Do not be afraid, for I know that you seek Jesus who was crucified.**

**“不要害怕！我知道你们是寻找那钉十字架的耶稣。**

**He is not here; for He is risen, as He said.**

**祂不在这里，照祂所说的，已经复活了。**

**Come, see the place where the Lord lay.**

**你们来看安放主的地方！**

**Matthew 马太福音 28:5-7**

## The encouragement / instruction 鼓励/指示

**Go quickly and tell** His disciples that He is risen from the dead,  
**快去告诉**祂的门徒, 说祂从死里复活了,

and indeed He is going before you into Galilee;  
并且在你们以先往加利利去,

**There you will see Him.**

在那里你们要见祂。

**Behold, I have told you.”**

看哪, 我已经告诉你们了!”

**Matthew 马太福音 28:5-7**

## The women's reaction 妇女的反应

***So they went out quickly from the tomb with **fear** and **great joy**, and ran to bring His disciples word.***

妇女们就急忙离开坟墓，**又害怕又大大地欢喜**，跑去要报给祂的门徒。

**Matthew 马太福音 28:8**

## The Lord's instruction 主的指示

<sup>9</sup> And as they went to tell His disciples, behold, Jesus met them, saying, “Rejoice!” So they came and held Him by the feet and worshiped Him. <sup>10</sup> Then Jesus said to them, “**Do not be afraid. Go and tell My brethren** to go to Galilee, and there they will see Me.”

<sup>9</sup>忽然，耶稣遇见她们，说：“愿你们平安！”她们就上前抱住祂的脚拜祂。<sup>10</sup>耶稣对她们说：“**不要害怕！你们去告诉我的弟兄**，叫他们往加利利去，在那里必见我。”

**Matthew 马太福音 28:9-10**

## Conclusion for today 今天的总结

<sup>14</sup> And **if Christ is not risen**, then our preaching *is* empty and your faith *is* also empty. <sup>15</sup> Yes, and we are found false witnesses of God, because we have testified of God that He raised up Christ, whom He did not raise up—if in fact the dead do not rise. <sup>16</sup> For if *the* dead do not rise, then Christ is not risen. <sup>17</sup> And if Christ is not risen, your faith *is* futile; you are still in your sins! <sup>18</sup> Then those also who have fallen asleep in Christ have perished. <sup>19</sup> If for this life only we have hoped in Christ, we are of all men most to be pitied.

### 1 Corinthians 哥林多前书 15:14-19

## Conclusion for today 今天的总结

<sup>14</sup> 若基督没有复活，我们所传的便是枉然，你们所信的也是枉然。<sup>15</sup> 并且明显我们是为神妄作见证的，因为我们见证神是叫基督复活了；若死人真不复活，神也就没有叫基督复活了。<sup>16</sup> 因为死人若不复活，基督也就没有复活了。<sup>17</sup> 基督若没有复活，你们的信便是徒然，你们仍在罪里。<sup>18</sup> 就是在基督里睡了的人，也灭亡了。<sup>19</sup> 我们若靠基督只在今生有指望，就算比众人更可怜！

### 1 Corinthians 哥林多前书 15:14-19

**<sup>50</sup> Now this I say, brethren, that flesh and blood cannot inherit the kingdom of God; nor does corruption inherit incorruption. <sup>51</sup> Behold, I tell you a mystery: **We shall not all sleep, but we shall all be changed**—<sup>52</sup> in a moment, in the twinkling of an eye, at the last trumpet. For the trumpet will sound, and the dead will be raised incorruptible, and we shall be changed.**

**1 Corinthians 哥林多前书 15:50-58**

**A word of encouragement 鼓励的话**

**53 For this corruptible must put on *incorruption*, and this mortal *must* put on *immortality*. 54 So when this corruptible has put on incorruption, and this mortal has put on immortality, then shall be brought to pass the saying that is written: “Death is swallowed up in victory.”**  
**55 “O Death, where *is* your sting?  
O Hades, where *is* your victory?”**

**1 Corinthians 哥林多前书 15:50-58**

**A word of encouragement 鼓励的话**

**56 The sting of death *is* sin, and the strength of sin *is* the law.**

**57 But thanks *be* to God, who gives us the victory through our Lord Jesus Christ. 58 Therefore, my beloved brethren, be steadfast, immovable, always abounding in the work of the Lord, knowing that your labor is not in vain in the Lord.**

**1 Corinthians 哥林多前书 15:50-58**

**A word of encouragement 鼓励的话**

<sup>50</sup>弟兄们，我告诉你们说，血肉之体不能承受神的国，必朽坏的不能承受不朽坏的。<sup>51</sup>我如今把一件奥秘的事告诉你们：我们不是都要睡觉，乃是都要改变，<sup>52</sup>就在一霎时，眨眼之间，号筒末次吹响的时候。因号筒要响，死人要复活成为不朽坏的，我们也要改变。<sup>53</sup>这必朽坏的总要变成不朽坏的，这必死的总要变成不死的。<sup>54</sup>这必朽坏的既变成不朽坏的，这必死的既变成不死的，那时经上所记“死被得胜吞灭”的话就应验了。

## 1 Corinthians 哥林多前书 15:50-58

### A word of encouragement 鼓励的话

55 “死啊，你得胜的权势在哪里？

死啊，你的毒钩在哪里？”

56 死的毒钩就是罪，罪的权势就是律法。57 感谢神，使我们借着我们的主耶稣基督得胜！58 所以，我亲爱的弟兄们，你们务要坚固，不可摇动，常常竭力多做主工，因为知道，你们的劳苦在主里面不是徒然的。

**1 Corinthians 哥林多前书 15:50-58**

**A word of encouragement 鼓励的话**

**As the risen Lord of our life,  
He deserves all our Worship, Faith and Labor  
for they are not done in vain  
as we acknowledge His Kingship over us**


作为我们生命中复活的主，  
祂配得我们一切的敬拜，信心和劳苦，  
因为这一切并非是徒然  
当我们承认祂在我们里面的君王地位时。

## **Application 应用**

# Appendix 1 (Reference)

Here is the breakdown of the ancient Jewish method of timekeeping:

## 1. The Day: Sunset to Sunset

- **Day Start:** The day begins at sunset (or when three stars appear) and continues until the next sunset. This is based on Genesis 1:5: "And it was evening, and it was morning, the first day".
- **Night Precedes Day:** Because the day begins at sunset, the night (darkness) is counted before the morning (light).
- **Days of the Week:** Days were typically not named but numbered, with the week culminating in the seventh day, the Sabbath.  The Rabbinical Assembly +3

## 附录一（参考资料）


以下是古代犹太人计时方法的分解：

### 1. 一日：日落到日落

- 一日之始：一日始于日落（或三颗星出现时），并持续到下一次日落。这是基于创世记1:5：“……有晚上，有早晨，这是头一日。”
- 夜晚先于白昼：因为一日始于日落，所以先计算夜晚（黑暗），后计算早晨（光明）。
- 一周的日子：日子通常不被命名，而是被计，一周结束于第七日，即安息日。

# Appendix 1 (Reference)

## 2. Time of Day: Seasonal Hours

- **12-Hour System:** Daylight was divided into 12 equal "seasonal hours" (sha'ah zemanit).
- **Variable Hour Length:** Since the hours were based on the amount of daylight, they were not of fixed length. They were longer in summer and shorter in winter.
- **Example Hours:** The "third hour" was generally mid-morning, the "sixth hour" was noon, and the "ninth hour" was mid-afternoon.
- **Night Watches:** The night was typically divided into three (sometimes four, in later Roman periods) watches, based on when guards or shepherds were on duty.  YouTube · Biblical Culture +3

# 附录一（参考资料）

## 2. 一日之时：季节性时辰

- 十二小时制：白昼分为十二个相等的“季节性时辰” (sha'ah zemanit)。
- 可变时长：由于时辰是根据日照时长来划分的，因此它们的长度并不固定。夏季时辰较长，冬季时辰较短。
- 时辰示例：“巳初”通常是上午，“午正”是中午，“申初”是下午。
- 夜更：夜晚通常分为三更（有时在罗马时代后期是四更），根据守卫或牧人值班的时间。

## Appendix 2 (Reference) 附录二 (参考资料)

**Twelve-hour nighttime division 夜晚十二小时的划分**

**The night watches in the first century A.D. 主后第一世纪的夜更**

<b>Sundown to 9PM 日落至晚上九点</b>	<b>First watch 第一更</b>
<b>9PM to midnight 晚上九点至午夜</b>	<b>Second watch 第二更</b>
<b>Midnight to 3AM 午夜至凌晨三点</b>	<b>Third watch 第三更</b>
<b>3AM to sunrise 凌晨三点至日出</b>	<b>Fourth watch 第四更</b>

<https://www.agapebiblestudy.com/charts/jewishtimedivision>

**Mark 马可福音 13:35**

# Appendix 3 (Reference) 附录三 (参考资料)

**Parallel accounts of Jesus' resurrection:**

**耶稣复活的相应叙述:**

**Matthew 马太福音 28:1-8**

**Mark 马可福音 16:1-8**

**Luke 路加福音 24:1-12**

**John 约翰福音 20:1-10**

# Appendix 3 (Reference) 附录三 (参考资料)

**Parallel accounts of eyewitnesses:**

**目击者的相应叙述:**

**Matthew 马太福音 28:9-10, 16-20**

**Mark 马可福音 16:9-18**

**Luke 路加福音 24:13-50**

**John 约翰福音 20:11-31; 21:1-14**



# Prayer 祷告

# Memory Verses 背诵经节 (17-05-2026)

## Matthew 马太福音 28:6-9

**<sup>6</sup> He is not here; for He is risen, as He said. Come, see the place where the Lord lay. <sup>7</sup> And go quickly and tell His disciples that He is risen from the dead, and indeed He is going before you into Galilee; there you will see Him. Behold, I have told you.”**

**<sup>8</sup> So they went out quickly from the tomb with fear and great joy, and ran to bring His disciples word. <sup>9</sup> And as they went to tell His disciples, behold, Jesus met them, saying, “Rejoice!” So they came and held Him by the feet and worshiped Him.**

# Memory Verses 背诵经节 (17-05-2026)

## Matthew 马太福音 28:6-9

<sup>6</sup>祂不在这里，照祂所说的，已经复活了。你们来看安放主的地方！<sup>7</sup>快去告诉祂的门徒，说祂从死里复活了，并且在你们以先往加利利去，在那里你们要见祂。看哪，我已经告诉你们了！”<sup>8</sup>妇女们就急忙离开坟墓，又害怕又大大地欢喜，跑去要报给祂的门徒。<sup>9</sup>忽然，耶稣遇见她们，说：“愿你们平安！”她们就上前抱住祂的脚拜祂。